



**People With  
Disabilities**

ACT Inc

# 'OUT & ABOUT WITH ABILITY'

**Volume 2 \* Issue 8 \* August 2009**

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## **PWD ACT'S AGM**

**When:** 4.30pm 25 September 2009

**Where:** Large Meeting Room Building 1  
Pearce Community Centre  
Collett Place Pearce ACT

**Talk & Power Point Presentation  
On Accessible Transport**

By Margo Hodge OAM  
2008 ACT Volunteer of the Year

## PRESIDENT'S REPORT FOR AUGUST

As mentioned in my July President's Report, Ian Trehwella and I had a meeting with Jon Stanhope, the Chief Minister on 8<sup>th</sup> July 2009. We discussed the complaints about the WATS services and the Chief Minister said that complaint phone calls about WATS services would be accepted by Canberra Connect on 13 88 21. Please call Canberra Connect about any problems that you have with the Wheelchair Accessible Taxis.

On 20<sup>th</sup> August, representatives from Women with Disabilities Australia, Advocacy for Inclusion and PWD ACT Inc met with a consultant from The Sports Commission about a national program called Sport CONNECT which connects sport and people with a disability. He wanted to know how to increase participation of people with disabilities in sports. We said that in Canberra that transport, the cost of sport participation and the inaccessibility of many venues were the greatest barriers for a person with a disability participating in sports.

Some of our members attended a "Come and Try Day" at the Sports Mpowerdome in Tuggeranong on 29<sup>th</sup> July 2009.

I represented PWD ACT Inc at a Transport Roundtable where the Sustainable Transport Action Plan was discussed. The priority for this plan was to encourage people to use more public transport or to walk or cycle to work and recreation in Canberra. If there was more accessible public transport and venues, people with disabilities would be pleased to assist in creating a sustainable future.

On 11<sup>th</sup> August Mike Swift, Liz Clarks and Jenny Bowler from ACTION have offered to meet with PWD ACT Inc to discuss the issues that people with disabilities find in travelling on the bus system in Canberra.

During the month of August the Department of Territory and Municipal Services (TAMS) will be conducting a review of the taxi industry including the Wheelchair Accessible Taxis (WATS). PWD ACT INC has been asked to contribute to the review by checking the Terms of Reference for the Review as well as providing input into the review.

In response to a letter written to Katy Gallagher, Minister for Health, about the move of the Independent Living Centre to the former Village Creek School in Kambah it was suggested that PWD ACT Inc provide a representative to be on the Steering Committee for the move. However there has to be a realisation of the inaccessibility of the venue to people with disability in Canberra. .

Margo Hodge OAM  
2008 ACT Volunteer of the Year  
President

## PAT ON THE BACK

A big pat on the back to our outgoing President Margo Hodge for the talk she did recently to international visitors about accessible transport for people with disabilities in Australia.

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## PWD ACT ACTIVITIES OVER THE PAST MONTH

- 4 August EO Kylie Mahar completed classes for her Diploma of Management Course
  - 5 August PWD ACT Board and Staff met for lunch at Canberra Labour Club
  - 11 August PWD ACT August Board Meeting
  - 18 August Meeting at Health Care Consumers Association re: relocation of Independent Living Centre and other services to Village Creek
  - 20 August Advocacy Groups Combined Meeting
  - 22 August Several PWD ACT Members visited Peter Crisps Lavender Farm
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## PWD ACT SOCIAL GROUP

Facilitator: Sarah Ferguson [sarahf@shout.org.au](mailto:sarahf@shout.org.au)



Hurrah! August's outing was a great Success!  
Eight of us enjoyed one another's company, the lovely sunny weather and the amazing arts and crafts too.

The lovely property near Yass used to be a Lavender farm and it still has evidence of that. We strolled around some of the landscaped gardens and took photos.

We first enjoyed sitting outside a chatting during a delicious morning tea which included homemade scones with jam and cream!

Peter Crisp's glasswork is stunning, and there is also a range of other arts and crafts too, such as woodwork, metal-sculpture, paintings, jewellery, lavender products etc. The metal sculptures are great and include a large shark and alligators, and a stunning peacock with candle-holders at the ends of its tail feathers!

A big thank you to all of you who came along and contributed to making the day's outing so fun!

Sarah  
25 August 09

## NEXT SOCIAL GROUP OUTING



### *Board Games and Card Playing*

10: 30am Friday 18 September

Large Meeting Room

Building 1 Pearce Community Centre

Collett Place, Pearce

ALL WELCOME

RVSP by Monday 14<sup>th</sup> September  
on 6286 4223 or [pwdact@shout.org.au](mailto:pwdact@shout.org.au)

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[Media Access Australia](#)

Canberrans with a hearing or vision impairment will now be able to enjoy the latest **films, with the Dendy Canberra** starting accessible sessions during the week beginning 13 August, after a delay to the start of the program. Accessible sessions have open captions and/or an audio description soundtrack available for viewers.

For more information contact:

Media Access Australia 2008, +61 **2 9212 6242**, [info@mediaaccess.org.au](mailto:info@mediaaccess.org.au)

## AUSTRALIAN HUMAN RIGHTS COMMISSION

### New commitment to accountability for human rights of people with disabilities welcomed

The Australian Human Rights Commission has welcomed the Australian Government's announcement today that Australia will become a party to the Optional Protocol to the international Convention on the Rights of Persons with Disabilities (the Disability Convention).

Disability Discrimination Commissioner Graeme Innes said this announcement was an important addition to a series of recent commitments by Australian Governments to change the daily realities of exclusion and disadvantage for Australians with disabilities.

All sides of politics and Federal, State and Territory Governments contributed to Australia joining up with the Disability Convention, and work has started on a National Disability Strategy to deliver on that commitment

The Committee is made up of independent experts elected by parties to the Convention, and includes Australia's Professor Ron McCallum.

For Further Information Call Human Rights

Phone: 6205 2222

Email: [human.rights@act.gov.au](mailto:human.rights@act.gov.au)

Web: [www.hrc.act.gov.au](http://www.hrc.act.gov.au)

### ACT Human Rights Commission- Training

#### Disability Discrimination

10 September

Please note, you must enrol to attend the course. Non-enrolled attendees will not be accepted.

The registration form and detailed course information is found at [www.hrc.act.gov.au](http://www.hrc.act.gov.au)

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### ACCESS CITY HOTLINE

**Access City Hotline is a FREE service that aims to eliminate physical and sensory accessibility issues in Canberra.**

Free information about: Disabled Parking Ramps or Lifts, Signage, Public Transport, Uneven Footpaths

Phone Belinda Gunn on 6257 3077

[www.accesscity.org.au](http://www.accesscity.org.au)  
[www.canaccess.org.au](http://www.canaccess.org.au)

**Advocacy for Inclusion presents...**  
**Disability Awareness & Inclusion Training**

- Do you work with people with disabilities?
- Is there a new worker with disability in your workplace?
- Do you feel uncomfortable around people with disabilities?
- Do you sometimes not know what to say?
- Would you like to be more inclusive but don't know how?

This full day training workshop will explore the different experiences of people with disabilities. Participants will gain an understanding of common practices leading to exclusion and develop inclusive ways forward.

The workshop will consider the human rights approach to disability and how it impacts on our work, our social lives, and our community.

**When:** Tuesday 22 September 2009

9.30 am – 4.30 pm

**Where:** Centre for Teaching and Learning  
Fremantle Drive, Stirling

**Cost:** Community organisations \$75  
Government / Corporate \$100  
Morning tea, lunch, and afternoon tea included.

To register for this training please email [info@advocacyforinclusion.org](mailto:info@advocacyforinclusion.org) or complete the form overleaf and fax it to (02) 6286 9423 **by Thursday 17 September 2009.**

For further information please contact Advocacy for Inclusion on (02) 6286 9422.

Please note: 48 hours is required for cancellation otherwise the full fee may be charged.





**NEW WHEELCHAIR ACCESSIBLE TAXIS COMPLAINT LINE,  
through Canberra Connect**

**Phone: 13 22 81**

A form has been developed to assist the Canberra Connect team collect pertinent information from the caller, to enable the Department to undertake investigations of the complaints. Callers will also be given the complaints phone numbers for the taxi networks, to allow them to call and lodge a complaint directly with the network if they wish. Transport Regulation and Planning Office of Transport also requested to receive a monthly report on the number of calls received through Canberra Connect on WAT complaints.

WAT information is issued by the Road Transport Authority to assist users of wheelchair accessible taxis. Taxi Networks are required under the ACT Road Transport legislation to provide a minimum standard of service to all passengers.

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**Family Leadership and You (FLY)**

**Presents A Microbusiness Forum**

**When:** Wednesday 23rd September

**Time:** 9.30 – 12.30

**Where:** Meeting Room, NDS, Thesiger Court, Deakin

**Register:** Sally on 6281 0974

[sally@jacksonwest.org](mailto:sally@jacksonwest.org)



## SMART START TO NEW ACTION TICKETING SYSTEM

**Published:** July 8, 2009, 7:00 am

**Section:** Jon Stanhope, MLA | Media Releases

Chief Minister and Minister for Territory and Municipal Services, Jon Stanhope, today announced Downer EDI Engineering Power Pty Ltd would install ACTION's new \$8 million smartcard ticketing system.

Mr Stanhope said the contract was awarded after an exhaustive tender and evaluation process which confirmed Downer EDI represented the best value system for Canberra's bus service.

The new ticketing system, due to commence in the second half of 2010, is modelled on Perth's successful SmartRider system, which was also implemented by Downer EDI.

"Canberrans can look forward to a new ticketing system that is fast, easy and flexible," Mr Stanhope said. "It will offer bus users a reusable and rechargeable card for travel on all ACTION buses.

**"Bus users will be able to recharge their smartcard over the internet, phone or at other card facilities across the ACT.** A one-use ticket will also be available for casual users and tourists.

"Bus users will be required to tag-on and tag-off buses, which will significantly improve ACTION's capacity to monitor passenger trends and make adjustments to meet changes in demand.

"The new smart card system is an important part of the ACT Government's investment in developing a more efficient and user-friendly bus network.

"I look forward to working with Downer Engineering as we roll-out the smartcard ticketing system across the ACTION network," Mr Stanhope said.

The smartcard uses a microchip that is picked up by a reader without taking it out of a wallet or purse.

The new ticketing system will retain the current flat fares structure.

**Media Contact:**

Jess Wurf 6205 0504 0411 772 700 [jess.wurf@act.gov.au](mailto:jess.wurf@act.gov.au)

## Feedback

We welcome your comments about the services provided by the ACT Government. Your comments will help us give you the service you want - the way you want it. Please use the [Feedback form](#) to send comments on the services we provide or any enquiry you may have.

## Spring into Spring with

### **Consumer representative training - September 2009**

#### **There's still time to register!**

HCCA have scheduled another training round for **new** Consumer Representatives to be held in September this year.

The training will be held on the North side this time at **the Kippax Uniting Church - Auditorium** (Cnrs of Luke Street and Hardwick Crescent, Holt). (Please note new venue!)

The training will be conducted over two days, **Tuesday 8 September** and **Tuesday 15 September 2009**.

#### **Sessions 1 and 2: Tuesday 8 September 10.00am-2.30pm**

Consumer rights – what are they?

Why is it important to have a consumer voice in the health system

Overview of the ACT Health System and HCCA's role.

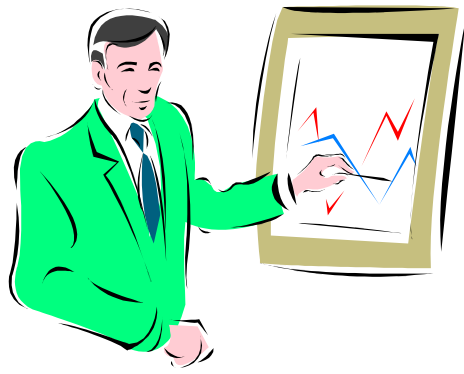
#### **Sessions 3 and 4: Tuesday 15 September 10.00am-2.30pm**

How to be an effective consumer representative – including how committees work, and tips on how to get your message across effectively.

How to build your understanding of the consumer perspective: tools you can use to enhance your representative role.

*Light refreshments and a light lunch will be provided at each session.*

If you, or someone you know, would like to do the training please let us know as soon as possible so we can reserve your place. You can contact us by email at [adminofficer@hcca.org.au](mailto:adminofficer@hcca.org.au) or give us a call on 6290 1660.



## NEW COMMUNITY PROGRAMS

### Red Cross has started up a new program in the ACT called MATES

The MATES program aims to assist isolated individuals to reconnect with their community through regular contact with volunteers. Participants and volunteers undertake social activities together which can help build self confidence and a sense of well-being.

If you are interested either as a participant or volunteer, for more information about the program please contact the MATES Coordinator Trisha Collins on 6234 7641 or email [tcollins@redcross.org.au](mailto:tcollins@redcross.org.au) or you can visit their website [http://www.redcross.org.au/act/services\\_communitycare.htm](http://www.redcross.org.au/act/services_communitycare.htm)

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### COMPEER PROGRAM a Special Work of the St Vincent de Paul Society

The Compeer Concept provides rehabilitative social support reducing isolation and loneliness of people receiving mental health services.

The Compeer Program will provide a matched volunteer to become a participant's caring friend. The friendship and trust of a caring volunteer is a powerful medicine in the recovery process.

For more information on the program:  
Phone: 6121 2953  
Email: [compeer@stvincab.com.au](mailto:compeer@stvincab.com.au)  
Web: [www.vinnies.org.au](http://www.vinnies.org.au)

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### NEW SOCIAL GROUP an initiative of Woden Community Service, HACC, Community Development and the Woden Library

The group will meet fortnightly on Mondays, starting on **24 August from 10am to 12pm**. It is a free group; with the WCS community bus available to pick people up and drop them home (within the Woden area). Bookings are required for the bus and a gold coin donation is recommended.

For more information or to make a booking, please do not hesitate to contact Lorraine on **6234 6848** or Emma Walter on **02 6234 6820** at Woden Community Service Inc .

## UPCOMING ACTIVITIES AND COMMUNITY EVENTS

### Something for everyone



### **Richardson Support House**

([www.richardsonsupporthouse.blogspot.com](http://www.richardsonsupporthouse.blogspot.com)) has a psychologist (adults, trauma, PTSD, anxiety and depression) and a social worker (children, chronic conditions) available. The service bulk bills health care card holders, students, and children under 16 years. For all others the gap is no more than \$5. For Medicare rebate, clients will need a referral and a form 2710 (Mental Health Care Plan) from their GP.

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### A Picture is worth a thousand words and an opportunity to win

\$500

**ActewAGL and TransACT** are looking for the 12 best photos depicting life in the towns of our region.

The winning photos will feature on their **2010 ActewAGL and Trans ACT calendar**, with each winning photographer pocketing **\$500**.

**Entries Close:** 5.pm on Friday 18 September 2009

For their terms and conditions visit [www.actewaagl.com.au/postcards](http://www.actewaagl.com.au/postcards)

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### Painting With Parkinson's

**An exhibition** of recent work by the Canberra art group for people with Parkinson's and their carers

**When:** Saturday 29 August – Sunday 13 September Open Weekends 10-4.30pm

**Where:** Strathnairn Homestead Gallery, 90 90 Stockdill Drive, Holt Phone: 02 6254 2134 Email: [info@strathanirn.asn.au](mailto:info@strathanirn.asn.au)

## Sailability ACT Returning in September!

**Sailability ACT** welcomes all people without regard to age, ability, gender or socio-economic status as sailors or volunteers. If you have a disability and wish to experience "*Freedom on the Water*", you are especially welcome. We have the facilities and resources and will teach you to sail and allow you to broaden your horizons. We welcome family groups and provide a safe, supportive and friendly environment where challenges are met and overcome.

**Where:** Lake Tuggeranong

**When:** Between 12 and 4 pm each Sunday during the Canberra sailing season (Sep-April).

**Contact:** Call Pat on 6281 0987 <http://www.sailability.org/au/act/>

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## You Be the Difference

If you are a child or adult with cerebral palsy (CP), we want to hear how you're making a difference in life, or how someone else has made a difference in your life. Or perhaps a member of your family has cerebral palsy and you want to acknowledge how they inspire you.



Tell us your story in words, photo or video. Share how you are making a difference at school, home, work or in the community.

Each state will select its most inspiring story and one of these will feature in Woman's Day magazine.

Everyone has a story to tell. We want to hear yours. Your story may inspire, motivate or thank others.  
[www.youbethedifference.com.au](http://www.youbethedifference.com.au)

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## ACT Down Syndrome Association

### Buddy Walk – ACT

**When:** Saturday 17<sup>th</sup> October

**Time:** 11 am (registration 10-11am)

**Where:** Regatta Point

For more information on this event and early bird registration go to:  
[www.dsansw.org.au/](http://www.dsansw.org.au/)



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### Music at Midday

Performed by the Band of the Royal Military College, Duntroon

**Tuesday 29 September 2009 at 11.00am & 12.30am** at the Canberra Theatre Entry by Gold Coin donation, all proceeds to support Tandem

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### Multiculture Community Cooking Club

Last Tuesday of each month, (25/8, 29/9, 27/10, 24/11, 22/12) at Pearce Community Centre Building 1 Room 22  
At 10.30am – 1.00pm. Cost \$5 (\$3 for Public Housing tenants)  
Phone Prillisia on 0422 737 751

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### Well, Able & Mobile Program for Women

10 Week exercise Program for Women with disabilities or mental health issues at the YMCA Chifley and Hackett Health Centres is continuing next term.

Contact the YMCA on 6281 0124 or email [woden@ymca.org.au](mailto:woden@ymca.org.au)

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### Useful Web Links

[Ausport.gov.au/disability](http://Ausport.gov.au/disability)

[www.communitiesonline.org.au/index.php](http://www.communitiesonline.org.au/index.php)  
[www.dhcs.act.gov.au/disability\\_act/services](http://www.dhcs.act.gov.au/disability_act/services)[www.concessions.act.gov.au/](http://www.concessions.act.gov.au/)  
[www.specialolympicsact.org.au/](http://www.specialolympicsact.org.au/)  
[www.actwheelers.org.au](http://www.actwheelers.org.au)  
[www.mpowerdome.com.au](http://www.mpowerdome.com.au)

**Inspirational Youtube video of a man with disabilities**  
**(If you don't mind Christianity)**

[http://www.youtube.com/watch?v=nLnN-rXYLZ4&feature=player\\_embedded](http://www.youtube.com/watch?v=nLnN-rXYLZ4&feature=player_embedded)

**PWD ACT Memberships are now FREE for people with disabilities!**  
**Please contact us if you would like to be a member.**

## **FREE PWD ACT MEMBERSHIP DEFINITION OF DISABILITY**

PWD ACT uses the definition of disability that is in the Disability Discrimination Act, this broad definition includes:

- Physical
- Intellectual
- Psychiatric
- Sensory
- Neurological, and
- Learning disabilities, as well as
- Physical disfigurement, and
- The presence in the body of disease-causing organisms.

This covers a disability which people:

- Have now,
- Had in the past (for example: a past episode of mental illness),
- May have in the future (eg: a family history of a disability which a person may also develop).

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## **PWD Latest Organisational Members**

### **Arthritis ACT**

Mr Tony Holland CEO  
Phone: 6288 4244  
<http://www.arthritisact.org.au>

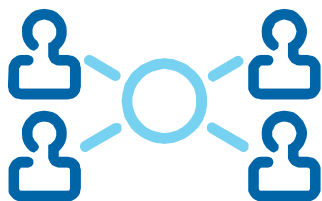
[info@arthritisact.org.au](mailto:info@arthritisact.org.au)

### **Women's Centre for Health Matters**

Ms Marcia Williams Director  
Phone: 6290 2166

[http://wchm.org.au/](http://wchm.org.au)  
[admin@wchm.org.au](mailto:admin@wchm.org.au)

*Please support the organisational members who support PWD ACT.*



## ORGANISATIONAL MEMBERS

<b>Organisational Name</b>	<b>Address</b>	<b>Email Address</b>	<b>Phone:</b>
<b>ACT Deafness Resource Centre</b>	PO Box 3239 Weston ACT 2611	<a href="mailto:actdrc@iimetro.com.au">actdrc@iimetro.com.au</a>	6287 4395
<b>ACT TPI</b>	PO Box 5792 Turner ACT 2606	<a href="mailto:secretary@acttpi.org">secretary@acttpi.org</a>	6286 3593 / 6291 9185
<b>ACT Down Syndrome Ass.Inc</b>	PO Box 717 Mawson ACT 2607	<a href="mailto:admindsa@actdsa.asn.au">admindsa@actdsa.asn.au</a>	6290 0656
<b>Advocacy for Inclusion</b>	PO Box 3653 Weston Creek ACT 2611	<a href="mailto:info@advocacyfoinclusion.org">info@advocacyfoinclusion.org</a>	6286 9422
<b>Belconnen Community Service</b>	26 Chandler St Belconnen ACT 2617	<a href="mailto:Karen.etheredge@bcsact.com.au">Karen.etheredge@bcsact.com.au</a>	62640200
<b>Brocklebank's Woodcraft</b>	8 Fitzherbert Pl Bruce ACT 2617	<a href="mailto:hugh_brocklebank@hotmail.com">hugh_brocklebank@hotmail.com</a>	6251 6369
<b>CHC Affordable Housing</b>	PO Box 6239 O'Connor ACT 2602	<a href="mailto:chc@chcaffordablehousing.com.au">chc@chcaffordablehousing.com.au</a>	6248 7716
<b>Community Events Calendar</b>	<a href="http://communityeventscalender.com.au">communityeventscalender.com.au</a>	<a href="mailto:communityeventsteam@communityeventscalender.com.au">communityeventsteam@communityeventscalender.com.au</a>	62558287
<b>Nationsheart Christian Community</b>	crn Maclaurin & Eggleston Cres Chifley ACT 2606	<a href="http://www.nationsheartconnect.org.au">www.nationsheartconnect.org.au</a>	62531672
<b>Nican</b>	PO Box 110 Mitchell ACT 2911	<a href="mailto:info@nican.com.au">info@nican.com.au</a>	6241 1220
<b>Om Physic</b>	8 Yabtree Pl, Isabella Plains ACT 2905	<a href="mailto:info@omphysic.com.au">info@omphysic.com.au</a>	6248 7716
<b>RSI &amp; Overuse Injury Association of the ACT</b>	Griffin Centre, 20 Genge St, Canberra ACT 2601	<a href="mailto:rsi@cyberone.com.au">rsi@cyberone.com.au</a>	6262 5011
<b>Sharing Places INC</b>	PO Box 704 Mawson ACT 2607	<a href="mailto:admin@sharingplaces.com.au">admin@sharingplaces.com.au</a>	6290 1964

<b>Stroke Association of ACT</b>	PO Box 220 Deakin West ACT 2600		6269 2636
<b>Tandem</b>	PO Box 3501 Weston Creek ACT 2611	<a href="mailto:admin@tandem.org.au">admin@tandem.org.au</a>	6287 2870
<b>YMCA Canberra</b>	Crn Maclaurin & Eggleston Cres Chifley ACT 2606	<a href="mailto:brett.bowden@ymca.org.au">brett.bowden@ymca.org.au</a>	6281 0124

## Belconnen Town Centre changes and relevant bus services

The red pedestrian bridge will be temporarily relocated approximately 100 metres closer to Benjamin Way and will provide continuous pedestrian access from the Lathlain Street car park to the level 3 entrance of the centre.

The red pedestrian bridge will be closed to public access from **Monday 31st August 2009**. Bridge relocation is expected to be complete early October 2009.

During bridge relocation work, access to the shopping centre will be available from the underpass on Lathlain Street near the Police Station as well as off Benjamin Way. Signs will be posted on site to advise people of the temporary access arrangements.

Roads ACT have arranged for a shuttle service to assist the elderly and people with a disability to access the shopping centre while the red pedestrian bridge is closed.

The service will be provided by Aerial Consolidated Transport. Below is some information on the shuttle service:

- The shuttle service will include three stops and it is envisaged that the loop will be completed every 30 mins. The Shuttle Bus will wait for approximately 5-10 mins at each stop.
- Signage will be installed at the three stopping points to clearly identify the location shuttle service users should wait.
- The Shuttle bus will be an 11 seater commuter bus. A separate vehicle capable of transporting motorised wheel chair users will be available on an on call basis.
- The Shuttle Service will operate between the hours of 9:00am to 5:00pm Monday to Friday for the duration of the red bridge closure.
- Feedback from the operator will be analysed at the end of each week to determine if the service requires modification.
- Westfield Centre Management will be providing information on the service to its customers targeting the elderly and disabled.

Attached a copy of the route map to show the loop the Shuttle Bus will complete.

### **Kelly Ashcroft**

Media and Communications Officer  
Community Engagement & Communications  
Territory and Municipal Services



## PWD ACT CONTACT DETAILS

### POSTAL ADDRESS

PO Box 717  
Mawson ACT 2607

### OFFICE LOCATION

SHOUT  
Building 1  
Pearce Community Centre  
Collett Place  
Pearce

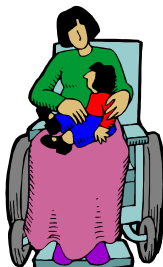
**Phone:** 02 6286 4223

**Fax:** 02 6286 4223

**Email:** [pwdact@shout.org.au](mailto:pwdact@shout.org.au)

**Website:** [www.pwdact.org.au](http://www.pwdact.org.au)

**“For people with disabilities,**



**by people with disabilities.”**

## PWD ACT NEWSLETTER

PWD ACT's newsletter is an easily read, compact and timely way of keeping members and supporters informed about our advocacy work, issues and coming events. We strongly encourage people with disabilities to send feedback on systemic advocacy issues directly to us on the above contacts. Please send us an email if you would like to receive your PWD ACT newsletter 'Out & About With Ability' electronically, as this will save our environment. This newsletter is provided with the assistance of the ACT Government through Disability ACT.

